



[www.taranakitkd.com](http://www.taranakitkd.com)

## KIDS TAEKWON-DO

### Venue

St Josephs Hall, Calvert Road, Lynmouth, New Plymouth

### Time

Wednesdays - 3-30pm to 4-30pm

### Cost

Single Student \$40 per school term  
Family of 2 or more \$60 per school term

### Instructors

Neill Livingstone V Dan, Frances Rookes II Dan  
Cath Tippett, Malcolm Tippett, Glenwyn Flynn

### What we teach

The Kids Taekwon-Do programme is for younger students who wish to participate in martial arts. Its' intention is preparatory and helps develop the skills required to eventually participate in the more challenging senior classes. Our goal as instructors is to teach the following aspects of Taekwon-Do in a fun and interactive way.

### The Student Oath

**I shall observe the tenets of Taekwon-Do**

*(Courtesy, Integrity, Perseverance, Self Control, and Indomitable Spirit)*

**I shall respect the instructor and seniors.**

**I shall never misuse Taekwon-Do**

**I shall be a champion of freedom and justice**

**I shall build a more peaceful world**

- Class Procedures
- Basic Hand and Foot Techniques
- Basic Self Defence Techniques and Awareness
- Korean Language
- Flexibility
- Balance
- Confidence
- Social Interaction Skills

## Notes:

**Terms fees** are to be paid on the first training session of each term.

If you require a **receipt** please ask.

**Uniforms** are available for purchase through the club.

### Cost \$100

Uniforms must be paid for at the time of order.

Uniforms are not essential however they do help with integration into the class.

**Gradings:** This is where the student sits a test to gain a higher belt such as a yellow stripe or yellow belt

Cost \$40

**Expectations:** You could expect to see a beginning student sit a grading after approx 3 to 4 terms. This equates to around 36 to 40 hours of training. This is also applicable in the senior class. Depending on the student the time may be longer or shorter.

Parents are encouraged to take an interest in their child's activity and the Instructors are always available to discuss any questions you may have.

Students are encouraged to bring a drink bottle especially in the hotter months.

Students are not permitted to leave the hall once they arrive unless they ask permission.

The Instructor (Neill Livingstone) has a current workplace **first aid certificate**

If your child has a medical condition, please inform the instructors.

Parents are welcome to watch the classes and join in the activities if they wish  
Many of our black belts started off as parents watching their children in Taekwon-Do.

Students are encouraged to visit our website [www.taranakitkd.com](http://www.taranakitkd.com) where they can keep up with the latest club news and download the 10<sup>th</sup> Gup techniques grading syllabus and other relevant resources.

**No training in the school holidays.**

Top Pro ITF Approved Elite Dobok



Please return this completed form with the correct payment

**PLEASE PRINT**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Medical Condition: \_\_\_\_\_

Parents Signature \_\_\_\_\_

Date \_\_\_\_\_

Please make cheques payable to New Plymouth Taekwon-Do

Office Use .....
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